

## Azumi En Caregiver License Course Time Table (KAIGOSHOKUIN SHONINSHA KENSHU)

### 2022 January Short-term Course

Authorized No.	No. 1115 (June 30, 2021)	Time	Contents
Lesson No.	JANUARY Short-term		
1st	Jan. 7 (Fri)	09 : 00 ~ 12 : 20	【Orientation】
		13 : 20 ~ 16 : 40	Caregiver jobs (Various services)
2nd	Jan. 10 (Mon)	09 : 00 ~ 12 : 20	Caregiver jobs (Contents and working field)
		13 : 20 ~ 16 : 40	【Visiting of nearby Azumi En facilities or Job seminar】
3rd	Jan. 12 (Wed)	09 : 00 ~ 12 : 20	Preservation of human dignity and support for independence (Supporting human rights and dignity)
		13 : 20 ~ 16 : 40	Preservation of human dignity and support for independence (Supporting human rights and dignity)
4th	Jan. 14 (Fri)	09 : 00 ~ 12 : 20	Preservation of human dignity and support for independence (Care towards independence)
		13 : 20 ~ 15 : 30	Basic knowledge of caregiving (role, speciality and cooperation with other occupation)
		15 : 40 ~ 16 : 40	Basic knowledge of caregiving (professional ethics)
5th	Jan. 17 (Mon)	09 : 00 ~ 12 : 20	Caregiving and welfare service (long-term care insurance system)
		13 : 20 ~ 16 : 40	Caregiving and welfare service (total support system for handicapps etc.)
		16 : 50 ~ 17 : 50	Handicapps and disabilities (Understanding of family feelings and relational support)
6th	Jan. 19 (Wed)	09 : 00 ~ 12 : 20	Communication in caregiving
		13 : 20 ~ 16 : 40	Team communication in caregiving
7th	Jan. 21 (Fri)	09 : 00 ~ 12 : 20	Aging (Changes in psychology and body associated with aging and daily life)
		13 : 20 ~ 16 : 40	Aging (Basic understanding of the elderly and their health care)
8th	Jan. 24 (Mon)	09 : 00 ~ 10 : 00	Dementia (Environmental situation surrounding dementia)
		10 : 10 ~ 12 : 20	Dementia (Basic knowledge and health care from medical point of view)
		13 : 20 ~ 15 : 30	Dementia (Changes in psychology and body associated with dementia and daily life)
		15 : 40 ~ 16 : 40	Dementia (Support for the family)
9th	Jan. 28 (Fri)	09 : 00 ~ 12 : 20	Cooperation with medical and rehabilitation
		13 : 20 ~ 14 : 20	Handicapps and disabilities (Basic understanding)
		14 : 30 ~ 15 : 30	Handicapps and disabilities (Medical aspect, psychological and behavioural feature etc.)
10th	Jan. 31 (Mon)	09 : 00 ~ 11 : 10	Basic idea and policy of caregiving
		11 : 20 ~ 12 : 20	Basic understanding of psychology mechanism in caregiving
		13 : 20 ~ 17 : 50	Basic understanding of psychology mechanism in caregiving
11th	Feb. 4 (Fri)	09 : 00 ~ 12 : 20	Basic understanding of body mechanism in caregiving
		13 : 20 ~ 15 : 30	Basic understanding of body mechanism in caregiving
		15 : 40 ~ 17 : 00	【Orientation for technical practice and OJT】
12th	Feb. 7 (Mon)	09 : 00 ~ 12 : 20	Arrangement of comfortable residence environment and care
		13 : 20 ~ 15 : 30	Basic knowledge of caregiving (safty ensuring and risk management)
		15 : 40 ~ 16 : 40	Basic knowledge of caregiving (health care for caregivers)
13th	Feb. 11 (Fri)	09 : 00 ~ 12 : 20	Living and house keeping
		13 : 20 ~ 16 : 40	" (Practice)
14th	Feb. 14 (Mon)	09 : 00 ~ 12 : 20	Assistance with moving and transferring
		13 : 20 ~ 16 : 40	" (Practice)
15th	Feb. 18 (Fri)	09 : 00 ~ 12 : 20	" (Practice)
		13 : 20 ~ 16 : 40	" (Practice)
16th	Feb. 21 (Mon)	09 : 00 ~ 12 : 20	Assistance with dressing
		13 : 20 ~ 16 : 40	" (Practice)
17th	Feb. 25 (Fri)	09 : 00 ~ 12 : 20	Assistance with eating
		13 : 20 ~ 16 : 40	" (Practice)
18th	Feb. 28 (Mon)	09 : 00 ~ 12 : 20	Assistance with bathing
		13 : 20 ~ 16 : 40	" (Practice)
19th	Mar. 4 (Fri)	09 : 00 ~ 12 : 20	Assistance with excretion
		13 : 20 ~ 16 : 40	" (Practice)
20th	Mar. 7 (Mon)	09 : 00 ~ 10 : 30	Assistance with sleeping
		10 : 40 ~ 12 : 10	" (Practice)
		13 : 10 ~ 14 : 40	" (Practice)
		14 : 50 ~ 16 : 20	Terminal care
21st	Mar. 9 (Wed)	09 : 00 ~ 11 : 10	Basic understanding of the process of caregiving
		11 : 20 ~ 12 : 20	Exercise of total life support technique
		13 : 20 ~ 16 : 40	Exercise of total life support technique
22nd	Mar. 11 (Fri)	09 : 00 ~ 12 : 20	Exercise of total life support technique
		13 : 20 ~ 16 : 40	Exercise of total life support technique
23rd	Mar. 14 (Mon)	09 : 00 ~ 12 : 20	Review of all subjects
		13 : 20 ~ 14 : 20	Review of all subjects (Preparation for starting caregiver job and continuous study)
		14 : 30 ~ 15 : 30	Evaluation
		15 : 40 ~ 17 : 00	【Final orientation for OJT and make-up lessons, OJT report writing seminar】
OJT/Supplementary lessons	Mar. 15 (Tue)	10 : 00 ~ 16 : 00	Nursing home (2days)
	Mar. 27 (Sun)	10 : 00 ~ 16 : 00	Dayservice Center (1day)
	Mar. 27 (Sun)	10 : 00 ~ 15 : 00	Accompanying home caregiver in visiting elderly (1day)
Graduation	Mar. 28 (Mon)	13 : 00 ~ 16 : 00	Debriefing session on OJT
		16 : 30 ~ 17 : 30	Ceremony of certificate (Shoninsha Kenshu - Caregiver beginners license)

※OJT Field work is optional.

※Time table as of July 05, 2021