

Azumi En Caregiver License Course Time Table (KAIGOSHOKUIN SHONINSHA KENSHU)

2021 October Sunday Course

| Authorized No. | No. 1115 (June 30, 2021) | Time | Contents |
|---------------------------|-----------------------------|-------------------|--|
| Lesson No. | OCTOBER Sunday | | |
| 1st | Oct. 3 (Sun) | 09 : 00 ~ 12 : 20 | 【Orientation】 |
| | | 13 : 20 ~ 16 : 40 | Caregiver jobs (Various services) |
| 2nd | Oct. 10 (Sun) | 09 : 00 ~ 12 : 20 | Caregiver jobs (Contents and working field) |
| | | 13 : 20 ~ 16 : 40 | 【Visiting of nearby Azumi En facilities or Job seminar】 |
| 3rd | Oct. 17 (Sun) | 09 : 00 ~ 12 : 20 | Preservation of human dignity and support for independence (Supporting human rights and dignity) |
| | | 13 : 20 ~ 16 : 40 | Preservation of human dignity and support for independence (Supporting human rights and dignity) |
| 4th | Oct. 24 (Sun) | 09 : 00 ~ 12 : 20 | Preservation of human dignity and support for independence (Care towards independence) |
| | | 13 : 20 ~ 15 : 30 | Basic knowledge of caregiving (role, speciality and cooperation with other occupation) |
| | | 15 : 40 ~ 16 : 40 | Basic knowledge of caregiving (professional ethics) |
| 5th | Oct. 31 (Sun) | 09 : 00 ~ 12 : 20 | Caregiving and welfare service (long-term care insurance system) |
| | | 13 : 20 ~ 16 : 40 | Caregiving and welfare service (total support system for handicapps etc.) |
| | | 16 : 50 ~ 17 : 50 | Handicapps and disabilities (Understanding of family feelings and relational support) |
| 6th | Nov. 7 (Sun) | 09 : 00 ~ 12 : 20 | Communication in caregiving |
| | | 13 : 20 ~ 16 : 40 | Team communication in caregiving |
| 7th | Nov. 14 (Sun) | 09 : 00 ~ 12 : 20 | Aging (Changes in psychology and body associated with aging and daily life) |
| | | 13 : 20 ~ 16 : 40 | Aging (Basic understanding of the elderly and their health care) |
| 8th | Nov. 21 (Sun) | 09 : 00 ~ 10 : 00 | Dementia (Environmental situation surrounding dementia) |
| | | 10 : 10 ~ 12 : 20 | Dementia (Basic knowledge and health care from medical point of view) |
| | | 13 : 20 ~ 15 : 30 | Dementia (Changes in psychology and body associated with dementia and daily life) |
| | | 15 : 40 ~ 16 : 40 | Dementia (Support for the family) |
| 9th | Nov. 28 (Sun) | 09 : 00 ~ 12 : 20 | Cooperation with medical and rehabilitation |
| | | 13 : 20 ~ 14 : 20 | Handicapps and disabilities (Basic understanding) |
| | | 14 : 30 ~ 15 : 30 | Handicapps and disabilities (Medical aspect, psychological and behavioural feature etc.) |
| 10th | Dec. 5 (Sun) | 09 : 00 ~ 11 : 10 | Basic idea and policy of caregiving |
| | | 11 : 20 ~ 12 : 20 | Basic understanding of psychology mechanism in caregiving |
| | | 13 : 20 ~ 17 : 50 | Basic understanding of psychology mechanism in caregiving |
| 11th | Dec. 12 (Sun) | 09 : 00 ~ 12 : 20 | Basic understanding of body mechanism in caregiving |
| | | 13 : 20 ~ 15 : 30 | Basic understanding of body mechanism in caregiving |
| | | 15 : 40 ~ 17 : 00 | 【Orientation for technical practice and OJT】 |
| 12th | Dec. 19 (Sun) | 09 : 00 ~ 12 : 20 | Arrangement of comfortable residence environment and care |
| | | 13 : 20 ~ 15 : 30 | Basic knowledge of caregiving (safty ensuring and risk management) |
| | | 15 : 40 ~ 16 : 40 | Basic knowledge of caregiving (health care for caregivers) |
| 13th | Dec. 26 (Sun) | 09 : 00 ~ 12 : 20 | Living and house keeping |
| | | 13 : 20 ~ 16 : 40 | " (Practice) |
| 14th | Jan. 9 (Sun) | 09 : 00 ~ 12 : 20 | Assistance with moving and transferring |
| | | 13 : 20 ~ 16 : 40 | " (Practice) |
| 15th | Jan. 16 (Sun) | 09 : 00 ~ 12 : 20 | " (Practice) |
| | | 13 : 20 ~ 16 : 40 | " (Practice) |
| 16th | Jan. 23 (Sun) | 09 : 00 ~ 12 : 20 | Assistance with dressing |
| | | 13 : 20 ~ 16 : 40 | " (Practice) |
| 17th | Jan. 30 (Sun) | 09 : 00 ~ 12 : 20 | Assistance with eating |
| | | 13 : 20 ~ 16 : 40 | " (Practice) |
| 18th | Feb. 6 (Sun) | 09 : 00 ~ 12 : 20 | Assistance with bathing |
| | | 13 : 20 ~ 16 : 40 | " (Practice) |
| 19th | Feb. 13 (Sun) | 09 : 00 ~ 12 : 20 | Assistance with excretion |
| | | 13 : 20 ~ 16 : 40 | " (Practice) |
| 20th | Feb. 20 (Sun) | 09 : 00 ~ 10 : 30 | Assistance with sleeping |
| | | 10 : 40 ~ 12 : 10 | " (Practice) |
| | | 13 : 10 ~ 14 : 40 | " (Practice) |
| | | 14 : 50 ~ 16 : 20 | Terminal care |
| 21st | Feb. 27 (Sun) | 09 : 00 ~ 11 : 10 | Basic understanding of the process of caregiving |
| | | 11 : 20 ~ 12 : 20 | Exercise of total life support technique |
| | | 13 : 20 ~ 16 : 40 | Exercise of total life support technique |
| 22nd | Mar. 6 (Sun) | 09 : 00 ~ 12 : 20 | Exercise of total life support technique |
| | | 13 : 20 ~ 16 : 40 | Exercise of total life support technique |
| 23rd | Mar. 13 (Sun) | 09 : 00 ~ 12 : 20 | Review of all subjects |
| | | 13 : 20 ~ 14 : 20 | Review of all subjects (Preparation for starting caregiver job and continuous study) |
| | | 14 : 30 ~ 15 : 30 | Evaluation |
| | | 15 : 40 ~ 17 : 00 | 【Final orientation for OJT and make-up lessons, OJT report writing seminar】 |
| OJT/Supplementary lessons | Mar. 14 (Mon) | 10 : 00 ~ 16 : 00 | Nursing home (2days) |
| | Mar. 15 (Tue) | 10 : 00 ~ 16 : 00 | Dayservice Center (1day) |
| | Mar. 26 (Sat) | 10 : 00 ~ 15 : 00 | Accompanying home caregiver in visiting elderly (1day) |
| Graduation | Mar. 27 (Sun) | 13 : 00 ~ 16 : 00 | Debriefing session on OJT |
| | | 16 : 30 ~ 17 : 30 | Ceremony of certificate (Shoninsha Kenshu - Caregiver beginners license) |

※OJT Field work is optional.

※Time table as of July 05, 2021