

## Azumi En Caregiver License Course Time Table (KAIGOSHOKUIN SHONINSHA KENSHU)

### September Short-term Class

Authorized No.	No. 1236 (July 17, 2019)		
Lesson No.	SEPTEMBER SHORT-TERM	Time	Contents
1st	Sep. 4 (Wed)	09 : 00 ~ 12 : 20	【Orientation】
		13 : 20 ~ 16 : 40	Caregiver jobs ( Various services )
2nd	Sep. 6 (Fri)	09 : 00 ~ 12 : 20	Caregiver jobs (Contents and working field)
		13 : 20 ~ 16 : 40	【Visiting of nearby Azumi En facilities or Job seminar】
3rd	Sep. 9 (Mon)	09 : 00 ~ 12 : 20	Preservation of human dignity and support for independence ( Supporting human rights and dignity )
		13 : 20 ~ 16 : 40	Preservation of human dignity and support for independence (Supporting human rights and dignity)
4th	Sep. 11 (Wed)	09 : 00 ~ 12 : 20	Preservation of human dignity and support for independence (Care towards independence)
		13 : 20 ~ 15 : 30	Basic knowledge of caregiving (role, speciality and cooperation with other occupation)
		15 : 40 ~ 16 : 40	Basic knowledge of caregiving (professional ethics)
5th	Sep. 16 (Mon)	09 : 00 ~ 12 : 20	Caregiving and welfare service ( long-term care insurance system )
		13 : 20 ~ 16 : 40	Caregiving and welfare service ( total support system for handicapps etc. )
6th	Sep. 18 (Wed)	09 : 00 ~ 12 : 20	Communication in caregiving
		13 : 20 ~ 16 : 40	Team communication in caregiving
7th	Sep. 20 (Fri)	09 : 00 ~ 12 : 20	Aging (Changes in psychology and body associated with aging and daily life)
		13 : 20 ~ 16 : 40	Aging (Basic understanding of the elderly and their health care)
8th	Sep. 23 (Mon)	09 : 00 ~ 10 : 00	Handicapps and disabilities (Basic understanding)
		10 : 10 ~ 11 : 10	Handicapps and disabilities (Medical aspect, psychological and behavioural feature etc.)
		11 : 20 ~ 12 : 20	Handicapps and disabilities (Understanding of family feelings and relational support)
		13 : 20 ~ 16 : 40	Cooperation with medical and rehabilitation
9th	Sep. 25 (Wed)	09 : 00 ~ 10 : 00	Dementia (Environmental situation surrounding dementia)
		10 : 10 ~ 12 : 20	Dementia (Basic knowledge and health care from medical point of view)
		13 : 20 ~ 15 : 30	Dementia (Changes in psychology and body associated with dementia and daily life)
		15 : 40 ~ 16 : 40	Dementia (Support for the family)
10th	Sep. 27 (Fri)	09 : 00 ~ 11 : 10	Basic idea and policy of caregiving
		11 : 20 ~ 12 : 20	Basic understanding of psychology mechanism in caregiving
		13 : 20 ~ 17 : 50	Basic understanding of psychology mechanism in caregiving
11th	Sep. 30 (Mon)	09 : 00 ~ 12 : 20	Basic understanding of body mechanism in caregiving
		13 : 20 ~ 15 : 30	Basic understanding of body mechanism in caregiving
		15 : 40 ~ 17 : 00	【Orientation for technical practice and OJT】
12th	Oct. 2 (Wed)	09 : 00 ~ 12 : 20	Arrangement of comfortable residence environment and care
		13 : 20 ~ 15 : 30	Basic knowledge of caregiving ( safety ensuring and risk management )
		15 : 40 ~ 16 : 40	Basic knowledge of caregiving ( health care for caregivers )
13th	Oct. 4 (Fri)	09 : 00 ~ 12 : 20	Living and house keeping
		13 : 20 ~ 16 : 40	" (Practice)
14th	Oct. 7 (Mon)	09 : 00 ~ 12 : 20	Assistance with moving and transferring
		13 : 20 ~ 16 : 40	" (Practice)
15th	Oct. 9 (Wed)	09 : 00 ~ 12 : 20	" (Practice)
		13 : 20 ~ 16 : 40	" (Practice)
16th	Oct. 11 (Fri)	09 : 00 ~ 12 : 20	Assistance with dressing
		13 : 20 ~ 16 : 40	" (Practice)
17th	Oct. 14 (Mon)	09 : 00 ~ 12 : 20	Assistance with eating
		13 : 20 ~ 16 : 40	" (Practice)
18th	Oct. 16 (Wed)	09 : 00 ~ 12 : 20	Assistance with bathing
		13 : 20 ~ 16 : 40	" (Practice)
19th	Oct. 18 (Fri)	09 : 00 ~ 12 : 20	Assistance with excretion
		13 : 20 ~ 16 : 40	" (Practice)
20th	Oct. 21 (Mon)	09 : 00 ~ 10 : 30	Assistance with sleeping
		10 : 40 ~ 12 : 10	" (Practice)
		13 : 10 ~ 14 : 40	" (Practice)
		14 : 50 ~ 16 : 20	Terminal care
21th	Oct. 23 (Wed)	09 : 00 ~ 11 : 10	Basic understanding of the process of caregiving
		11 : 20 ~ 12 : 20	Exercise of total life support technique
		13 : 20 ~ 16 : 40	Exercise of total life support technique
22th	Oct. 25 (Fri)	09 : 00 ~ 12 : 20	Exercise of total life support technique
		13 : 20 ~ 16 : 40	Exercise of total life support technique
23th	Oct. 28 (Mon)	09 : 00 ~ 12 : 20	Review of all subjects
		13 : 20 ~ 14 : 20	Review of all subjects (Preparation for starting caregiver job and continuous study)
		14 : 30 ~ 15 : 30	Evaluation
		15 : 40 ~ 17 : 00	【Final orientation for OJT and make-up lessons】
OJT/Supplementary lessons	Oct. 30 (Wed)	13 : 00 ~ 16 : 00	【OJT report writing seminar】
	Oct. 31 (Thu) ?	10 : 00 ~ 16 : 00	Nursing home (2days)
		10 : 00 ~ 16 : 00	Day service Center (1day)
		10 : 00 ~ 15 : 00	Accompanying home caregiver in visiting elderly (1day)
Graduation	Nov. 18 (Mon)	13 : 00 ~ 16 : 00	Debriefing session on OJT
		16 : 30 ~ 17 : 30	Ceremony of certificate (Shoninsha Kenshu - Caregiver beginners license)

※OJT Field work is optional.

※Time table as of July 17, 2019