

## Azumi En Caregiver License Course Time Table (KAIGOSHOKUIN SHONINSHA KENSHU)

### January Short-term Class

Authorized No.	No. 1401 (August 20, 2018)	Time	Contents
Lesson No.	Jan. Short-term		
1st	Jan. 9 (Wed)	9:00 ~ 12:20	Orientation
		13:20 ~ 16:40	Caregiver jobs (Various services)
2nd	Jan. 11 (Fri)	9:00 ~ 12:20	Caregiver jobs (Contents and working field)
		13:20 ~ 16:40	Preservation of human dignity and support for independence (Supporting human rights and dignity)
3rd	Jan. 14 (Mon)	9:00 ~ 12:20	Preservation of human dignity and support for independence (Supporting human rights and dignity)
		13:20 ~ 16:40	Preservation of human dignity and support for independence (Care towards independence)
4th	Jan. 16 (Wed)	9:00 ~ 11:10	Basic knowledge of caregiving (role, speciality and cooperation with other occupation)
		11:20 ~ 12:20	Basic knowledge of caregiving (professional ethics)
		13:20 ~ 15:30	Basic knowledge of caregiving (safty ensuring and risk management)
		15:40 ~ 16:40	Basic knowledge of caregiving (health care for caregivers)
5th	Jan. 21 (Mon)	9:00 ~ 12:20	Caregiving and welfare service (long-term care insurance system)
		13:20 ~ 16:40	Caregiving and welfare service (total support system for handicapps etc.)
6th	Jan. 23 (Wed)	9:00 ~ 12:20	Communication in caregiving
		13:20 ~ 16:40	Team communication in caregiving
7th	Jan. 25 (Fri)	9:00 ~ 10:00	Handicapps and disabilities (Basic understanding)
		10:10 ~ 11:10	Handicapps and disabilities (Medical aspect, psychological and behavioural feature etc.)
		11:20 ~ 12:20	Handicapps and disabilities (Understanding of family feelings and relational support)
		13:20 ~ 16:40	Cooperation with medical and rehabilitation
8th	Jan. 28 (Mon)	9:00 ~ 12:20	Aging (Changes in psychology and body associated with aging and daily life)
		13:20 ~ 16:40	Aging (Basic understanding of the erderly and their health care)
9th	Jan. 30 (Wed)	9:00 ~ 10:00	Dementia (Environmental situation surrounding dementia)
		10:10 ~ 12:20	Dementia (Basic knowledge and health care from medical point of view)
		13:20 ~ 15:30	Dementia (Changes in psychology and body associated with dementia and daily life)
		15:40 ~ 16:40	Dementia (Support for the family)
10th	Feb. 1 (Fri)	9:00 ~ 11:10	Basic idea and policy of caregiving
		11:20 ~ 12:20	Basic understanding of psychology mechanism in caregiving
		13:20 ~ 17:50	Basic understanding of psychology mechanism in caregiving
11th	Feb. 4 (Mon)	9:00 ~ 12:20	Basic understanding of body mechanism in caregiving
		13:20 ~ 15:30	Basic understanding of body mechanism in caregiving
		15:40 ~ 17:00	Orientation for technical practice and OJT
12th	Feb. 6 (Wed)	9:00 ~ 12:20	Living and house keeping
		13:20 ~ 16:40	" (Practice)
13th	Feb. 8 (Fri)	9:00 ~ 12:20	Arrangemnt of comfortable residence environment and care
		13:20 ~ 16:40	Recreation activities
14th	Feb. 11 (Mon)	9:00 ~ 12:20	Assistance with dressing
		13:20 ~ 16:40	" (Practice)
15th	Feb. 13 (Wed)	9:00 ~ 12:20	Assistance with moving and transferring
		13:20 ~ 16:40	" (Practice)
16th	Feb. 15 (Fri)	9:00 ~ 12:20	" (Practice)
		13:20 ~ 16:40	" (Practice)
17th	Feb. 18 (Mon)	9:00 ~ 12:20	Assistance with eating
		13:20 ~ 16:40	" (Practice)
18th	Feb. 20 (Wed)	9:00 ~ 12:20	Assistance with bathing
		13:20 ~ 16:40	" (Practice)
19th	Feb. 22 (Fri)	9:00 ~ 12:20	Assistance with excretion
		13:20 ~ 16:40	" (Practice)
20th	Feb. 25 (Mon)	9:00 ~ 10:30	Assistance with sleeping
		10:40 ~ 12:10	" (Practice)
		13:10 ~ 14:40	" (Practice)
		14:50 ~ 16:20	Terminal care
21th	Feb. 27 (Wed)	9:00 ~ 11:10	Basic understanding of the process of caregiving
		11:20 ~ 12:20	Exercise of total life support technique
		13:20 ~ 16:40	Exercise of total life support technique
22th	Mar. 1 (Fri)	9:00 ~ 12:20	Exercise of total life support technique
		13:20 ~ 16:40	Exercise of total life support technique
23th	Mar. 4 (Mon)	9:00 ~ 12:20	Review of all subjects
		13:20 ~ 14:20	Review of all subjects (Preparation for starting caregiver job and continuous study)
		14:30 ~ 15:30	Evaluation
		15:40 ~ 17:00	(Orientation for OJT and make-up lessons)
OJT/Supple mentary lessons	Mar. 5 (Tue)	normally 9:00~18:00	Nursing home (2days)
	Mar. 21 (Thu)		Dayservice Center (1day)
	Mar. 21 (Thu)		Accompanying home caregiver in visiting elderly (1day)
Graduation	Mar. 22 (Fri)	14:00 ~ 17:00	Debriefing session on OJT
		17:15 ~ 17:30	Award of certificate (Caregiver license)

※OJT Field work is opitonal.  
※Time table as of August 20, 2018